



## Hope for the Broken-Hearted: Do Not Allow Your Past to Steal Your Future (Paperback)

By Crystal Buffington

AUTHORHOUSE, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Too many times we keep things to ourselves because we've been taught that what goes on in the home stays there, you don't air your dirty laundry in public. We remain bounded. That robs us of the prosperous life that is intended for us, it robs us of healthy relationships and it robs us of the ability to help others. I know that many of you have experienced rape, incest, homelessness, depression, sickness and disease, and abuse of every kind from those who are closest to you, from those who are supposed to have your back and protect you. You have been lied to and cheated on. But, don't look back! Refuse to be the victim any longer. Stop grudging up the past. Stop hitting rewind and replaying all the hurt and pain over and over again. The song says, The Sun Will Come Out Tomorrow but it seems like tomorrow never comes. Well, you don't have to wait another day for the sun to come out. Why not make your tomorrow, today?.



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